

Annual Gender Sensitization Plan

2021-2022



Maharaja Ganga Singh University

A State University of Higher Education for Dignity and Self-Reliance

Approved by UGC under Section 12B of the UGC Act 1956

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<https://mgsbikaner.ac.in>

Annual Gender Sensitization Action plan

1. Debate competition(s) for students on “Gender Issues” will be organized.
 2. Yoga sessions/ Training in mindfulness/ meditation/ stress management practices will be conducted.
 3. Mental health assessment of students and staff to be scheduled to assess some of their psychological attributes like personality, anxiety, stress etc.
 4. Seminar on 'General Awareness about Female Health and Hygiene ' by eminent dieticians will be organized.
 5. Health camp to be organized in the adopted village.
 6. A survey regarding women’s and child health, hygiene and education followed by awareness program to be arranged for women and children of the nearby slum.
 7. Lectures to be organized on the contributions of women in various fields on national and international Women’s day.
 8. A workshop focused on female directors is planned to be conducted.
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